

FREEWAY LEAGUE

TRACK & FIELD

PRELIMS / FINALS 2009 SCHEDULE

Monday, May 4, 2009

- F/S Field Events @ Troy H.S. – Prelims & Finals
- Start Time: 3:00pm

Tuesday, May 5, 2009

- Running Event Prelims @ Buena Park H.S.
- See attachment for schedule
 - Note: F/S Boys & Girls 3200 meters Final is on this day
- Start Time: 2:30pm
- Bus Leaves Sonora @ 1:15pm

Wednesday, May 6, 2009

- Varsity Field Events @ Troy H.S. – Prelims & Finals
- Start Time: 3:00pm

Thursday, May 7, 2009

- Running Event Finals @ Buena Park H.S.
- Start Time: 6:00pm
- Approx. Finish Time: 9:00pm
- Bus leaves from Sonora @ 4:00pm

If you have any questions or concerns, please contact your coach!

FREEWAY LEAGUE TRACK PRELIMS

Order of Events

EVENT #	LEVEL	EVENT
1	G F/S	3200
2	B F/S	3200
3	B F/S	110 HH
4	BV	110 HH
5	G F/S	100 HH
6	GV	100 HH
7	G F/S	400
8	B F/S	400
9	GV	400
10	BV	400
11	G F/S	100
12	B F/S	100
13	GV	100
14	BV	100
15	G F/S	800
16	B F/S	800
17	GV	800
18	BV	800
19	B F/S	300 IH
20	BV	300 IH
21	G F/S	300 IH
22	GV	300 IH
23	G F/S	200
24	B F/S	200
25	GV	200
26	BV	200

FREEWAY LEAGUE TRACK FINALS

Order of Events

EVENT #	EVENT
1	F/S Girls 1600
2	F/S Boys 1600
3	F/S Girls 400 Relay
4	F/S Boys 400 Relay
5	V Girls 400 Relay
6	V Boys 400 Relay
7	V Girls 1600
8	V Boys 1600
9	F/S Boys 110HH
10	V Boys 110HH
11	F/S Girls 100HH
12	V Girls 100HH
13	F/S Girls 400
14	F/S Boys 400
15	V Girls 400
16	V Boys 400
17	F/S Girls 100
18	F/S Boys 100
19	V Girls 100
20	V Boys 100
21	F/S Girls 800
22	F/S Boys 800
23	V Girls 800
24	V Boys 800
25	F/S Boys 300 IH
26	V Boys 300 IH
27	F/S Girls 300 IH
28	V Girls 300 IH
29	F/S Girls 200
30	F/S Boys 200
31	V Girls 200
32	V Boys 200
33	V Girls 3200
34	V Boys 3200
35	F/S Girls 1600 Relay
36	F/S Boys 1600 Relay
37	V Girls 1600 Relay
38	V Boys 1600 Relay